

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U7 Micro Peewee Male-K2 (6 -3 K)**  
Competitors **3**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	264	SINGH Tegh NTC	GBR	5.97	3.57	2.40
2	336	RAJMANE Advay Premierki Taekwondo Club	GBR	5.93	3.68	2.25
3	350	SLEPTSOV Yaroslav Putney Taekwondo Club	GBR	5.87	3.57	2.30

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U7 Micro Peewee Female-K2 (6 -3 K)**  
Competitors **5**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	22	SIMONS Scarlett Kang Han Taekwondo	ENG	6.03	3.67	2.37
2	56	ROSTOM Aya London Taekwondo Academy	ENG	5.84	3.54	2.30
3	16	CROFT Freya Kang Han Taekwondo	ENG	5.74	3.57	2.17
4	139	SHAW Megan Boston	GBR	5.29	3.32	1.97
5	259	MALIK Amaal NTC	GBR	5.15	3.42	1.73

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U7 Micro Peewee Male-K3 (10-7 K)**  
Competitors **4**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	126	WELLS Henry Aquila Taekwondo	GBR	6.30	3.67	2.63
2	35	CODAU Samuel London Taekwondo Academy	ENG	5.62	3.37	2.25
3	185	MALONEY Archie Fighting Fit Taekwondo Wales	GBR	5.52	3.32	2.20
4	104	CHAMBERS Harry Aquila Taekwondo	GBR	4.95	3.10	1.85

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U7 Micro Peewee Female-K3 (10-7 K)**  
Competitors **6**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	207	YUNG Hei Lam (Jasmine) Jinhaeng Taekwondo	GBR	6.10	3.58	2.52
2	232	JIAO Lillian Loughton Taekwondo	GBR	5.97	3.50	2.47
3	375	MOHAMED IBRAHIM Aya Tuji Taekwondo	GBR	5.95	3.50	2.45
4	318	BRENNAN Polly Premierki Taekwondo Club	GBR	5.92	3.47	2.45
5	227	GILLESPIE Alba Loughton Taekwondo	GBR	5.54	3.32	2.22
6	196	BAILEY-WILLIAMS Shahara Horizon Taekwondo Academy	GBR	5.38	3.27	2.12

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K1 (2-1 K)**  
Competitors **4**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	256	LIU Skye NTC	GBR	5.82	3.60	2.22
2	84	MATTHEWS Ethan Unite Formby	ENG	5.64	3.47	2.17
3	447	LI Aaron Peak Performance	GBR	5.47	3.35	2.12
4	363	LIM Alexander Stoke UTA Taekwondo	GBR	4.99	3.24	1.75

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Female-K1 (2-1 K)**  
Competitors **3**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	411	BURCH-GULL Harriet Way Taekwondo	GBR	6.02	3.62	2.40
3	65	SHAKER Zaheen Zain London Taekwondo Academy	ENG	5.94	3.52	2.42
2	85	RODRIGUEZ Annabelle Unite Formby	ENG	5.94	3.52	2.42

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K2 (6 -3 K)**  
 Competitors **19**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	414	LIMBU Maulik Way Taekwondo	GBR	6.60	3.90	2.70
2	418	BUTLER Tivadar James Win Taekwondo Academy	GBR	6.37	3.82	2.55
3	86	DEWAR Thomas Central Taekwondo Academy	SCO	6.10	3.69	2.42
4	425	CASACLANG Adam Win Taekwondo Academy	GBR	6.09	3.72	2.37
5	258	LUCERO Vinz NTC	GBR	6.07	3.67	2.40
6	381	STONE Xander Tuji Taekwondo	GBR	6.05	3.75	2.30
7	167	EL ASWER Adam Empsi	GBR	5.98	3.73	2.25
8	197	SANDS YUN Kai Horizon Taekwondo Academy	GBR	5.85	3.64	2.22
9	83	HOUSEMAN Toby Unite Formby	ENG	5.84	3.54	2.30
10	33	BURKE Yusuf London Taekwondo Academy	ENG	5.79	3.65	2.14
11	429	NEWALL Matthew Ryan Win Taekwondo Academy	GBR	5.70	3.54	2.17
12	79	BYFORD Max Unite Formby	ENG	5.64	3.50	2.14
13	390	SHAH Hrehaan UK Martial Arts&Fitness Academy	GBR	5.57	3.47	2.10
14	225	DOCI Herli Loughton Taekwondo	GBR	5.57	3.47	2.10
15	57	ROSTOM Mohamad London Taekwondo Academy	ENG	5.55	3.47	2.09
16	24	TUDOR Stefan Kangchul B B Academy	ENG	5.53	3.47	2.07

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K2 (6 -3 K)**  
Competitors **19**  
Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	278	TONDOS Oliver Pejic Taekwondo	GBR	5.50	3.42	2.09
18	6	JASSIM SON TYLER Noah Bozdag Taekwondo	ENG	5.48	3.47	2.02
19	221	CHEN Liang-Zhi Loughton Taekwondo	GBR	5.32	3.39	1.93



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## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K2 (6 -3 K)**  
 Competitors **19**  
 Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	425	CASACLANG Adam Win Taekwondo Academy	GBR	6.59	3.95	2.64
2	414	LIMBU Maulik Way Taekwondo	GBR	6.37	3.77	2.60
3	258	LUCERO Vinz NTC	GBR	6.21	3.78	2.43
4	418	BUTLER Tivadar James Win Taekwondo Academy	GBR	6.10	3.72	2.38
5	86	DEWAR Thomas Central Taekwondo Academy	SCO	5.97	3.62	2.35
6	167	EL ASWER Adam Empsi	GBR	5.90	3.70	2.20
7	381	STONE Xander Tuji Taekwondo	GBR	5.85	3.62	2.24
8	197	SANDS YUN Kai Horizon Taekwondo Academy	GBR	5.60	3.50	2.10

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Female-K2 (6 -3 K)**  
 Competitors **11**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	238	SAU Ava Loughton Taekwondo	GBR	6.35	3.83	2.52
2	384	GARCIA Mikayla UK Martial Arts&Fitness Academy	GBR	6.34	3.87	2.47
3	78	BEDDOW Edith Unite Formby	ENG	6.16	3.78	2.38
4	217	CABRERA Emilia-Grace Loughton Taekwondo	GBR	6.15	3.75	2.40
5	12	BAKER Maddie Kang Han Taekwondo	ENG	6.13	3.82	2.32
6	385	MICUNOVIC Isla UK Martial Arts&Fitness Academy	GBR	6.12	3.77	2.35
7	266	YASIN Zunairah NTC	GBR	6.10	3.72	2.39
8	351	TAM Erin Putney Taekwondo Club	GBR	5.97	3.64	2.33
9	422	CASACLANG Madison Sophia Win Taekwondo Academy	GBR	5.86	3.69	2.17
10	164	SOUSA Emily Dorset TKD	GBR	5.82	3.65	2.17
11	18	JACKSON Grace Kang Han Taekwondo	ENG	5.79	3.59	2.20

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Category **Ind U9 Mini Peewee Female-K2 (6 -3 K)**  
 Competitors **11**  
 Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	238	SAU Ava Loughton Taekwondo	GBR	6.42	3.82	2.60
2	217	CABRERA Emilia-Grace Loughton Taekwondo	GBR	6.34	3.82	2.52
3	384	GARCIA Mikayla UK Martial Arts&Fitness Academy	GBR	6.31	3.79	2.52
4	266	YASIN Zunairah NTC	GBR	6.15	3.75	2.40
5	385	MICUNOVIC Isla UK Martial Arts&Fitness Academy	GBR	6.06	3.68	2.38
6	78	BEDDOW Edith Unite Formby	ENG	6.02	3.67	2.35
7	12	BAKER Maddie Kang Han Taekwondo	ENG	6.01	3.68	2.33
8	351	TAM Erin Putney Taekwondo Club	GBR	5.74	3.52	2.22

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K3 (10-7 K)**  
 Competitors **18**  
 Class **K3 (10-7 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	46	LOVAS Romeo London Taekwondo Academy	ENG	6.10	3.62	2.49
2	101	ALEXANDER-PEARSON Khehon Aquila Taekwondo	GBR	6.00	3.55	2.45
3	127	WELLS William Aquila Taekwondo	GBR	5.85	3.52	2.34
4	279	WHISTON Harry Pejic Taekwondo	GBR	5.84	3.44	2.40
5	21	OBIRIR-YEBOA Nathan Kang Han Taekwondo	ENG	5.77	3.40	2.37
6	272	KALISZ Gabriel Pejic Taekwondo	GBR	5.73	3.42	2.32
7	31	BATHLA Balram London Taekwondo Academy	ENG	5.67	3.37	2.30
8	271	FOSKETT Jake Pejic Taekwondo	GBR	5.62	3.34	2.28
9	334	PUIDOKAS Domas Premierki Taekwondo Club	GBR	5.55	3.35	2.20
10	346	LOCKE Jared Putney Taekwondo Club	GBR	5.53	3.32	2.22
11	270	DEBINSKI Jakub Pejic Taekwondo	GBR	5.49	3.30	2.19
12	48	NAJAFI Sina London Taekwondo Academy	ENG	5.27	3.15	2.12
13	55	RINCO NEIVA Murilo London Taekwondo Academy	ENG	5.25	3.25	2.00
14	184	MALONEY Logan Fighting Fit Taekwondo Wales	GBR	5.11	3.14	1.97
15	369	GILSON-HERBERT Rafael Tuji Taekwondo	GBR	5.08	3.13	1.95
16	183	JAZANI Tyler Fighting Fit Taekwondo Wales	GBR	4.57	2.88	1.69

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## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K3 (10-7 K)**  
Competitors **18**  
Class **K3 (10-7 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	342	SYED Mohib Premierki Taekwondo Club	GBR	4.45	2.77	1.68
18	76	ZUIL Adam London Taekwondo Academy	ENG	3.98	2.67	1.32

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Male-K3 (10-7 K)**  
 Competitors **18**  
 Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	46	LOVAS Romeo London Taekwondo Academy	ENG	6.12	3.57	2.55
2	101	ALEXANDER-PEARSON Khehon Aquila Taekwondo	GBR	6.07	3.55	2.52
3	271	FOSKETT Jake Pejic Taekwondo	GBR	6.01	3.52	2.49
4	21	OBIRIR-YEBOA Nathan Kang Han Taekwondo	ENG	5.99	3.50	2.49
5	127	WELLS William Aquila Taekwondo	GBR	5.85	3.50	2.35
6	279	WHISTON Harry Pejic Taekwondo	GBR	5.78	3.37	2.42
7	272	KALISZ Gabriel Pejic Taekwondo	GBR	5.57	3.32	2.25
8	31	BATHLA Balram London Taekwondo Academy	ENG	5.49	3.29	2.20

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Female-K3 (10-7 K)**  
 Competitors **15**  
 Class **K3 (10-7 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	108	IADICICCO Ríognach Aquila Taekwondo	GBR	6.29	3.64	2.65
2	305	SINGH Advita Phoenix Taekwondo	GBR	6.05	3.57	2.48
3	121	ROBINSON Theodora Aquila Taekwondo	GBR	5.77	3.45	2.32
4	201	JAMESON-GREEN Mattie Jinhaeng Taekwondo	GBR	5.77	3.38	2.39
5	1	CARTER Olive Best Leg Taekwondo Academy	ENG	5.69	3.34	2.35
6	231	JEYATHEESAN Dhiya Loughton Taekwondo	GBR	5.62	3.34	2.29
7	178	CASSIDY Abigayle Fighting Fit Taekwondo Wales	GBR	5.50	3.29	2.22
8	233	MAN Sophie Loughton Taekwondo	GBR	5.50	3.27	2.23
9	320	CHRISTER Amaya Premierki Taekwondo Club	GBR	5.37	3.19	2.18
10	103	CHAMBERS Magda Aquila Taekwondo	GBR	5.30	3.20	2.10
11	323	DUDZIK Lena Premierki Taekwondo Club	GBR	5.29	3.19	2.10
12	277	RHODES Poppy Pejic Taekwondo	GBR	5.25	3.13	2.12
13	17	FOSKETT Daisy Kang Han Taekwondo	ENG	5.00	3.02	1.99
14	348	MARTIN Stella Putney Taekwondo Club	GBR	4.95	3.07	1.89
15	262	MUBASAR Inaaya NTC	GBR	4.93	3.02	1.92

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U9 Mini Peewee Female-K3 (10-7 K)**  
 Competitors **15**  
 Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	1	CARTER Olive Best Leg Taekwondo Academy	ENG	5.95	3.50	2.45
2	108	IADICICCO Ríoghnach Aquila Taekwondo	GBR	5.94	3.55	2.39
3	231	JEYATHEESAN Dhiya Loughton Taekwondo	GBR	5.92	3.49	2.43
4	305	SINGH Advita Phoenix Taekwondo	GBR	5.85	3.45	2.40
5	201	JAMESON-GREEN Mattie Jinhaeng Taekwondo	GBR	5.82	3.45	2.37
6	121	ROBINSON Theodora Aquila Taekwondo	GBR	5.73	3.45	2.28
7	178	CASSIDY Abigayle Fighting Fit Taekwondo Wales	GBR	5.57	3.32	2.25
8	233	MAN Sophie Loughton Taekwondo	GBR	5.45	3.25	2.20



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K1 (2-1 K)**  
 Competitors **16**  
 Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	246	KWON Augustine Nomad Taekwondo	GBR	6.17	3.64	2.53
2	356	ZUIN Davide Redtaekwondo	GBR	6.02	3.70	2.32
3	371	HUNTER Max Tuji Taekwondo	GBR	5.96	3.52	2.44
4	97	GHAFORI Faisal Ali's Dojang	GBR	5.95	3.60	2.35
5	80	CURTIS Jack Unite Formby	ENG	5.82	3.55	2.27
6	378	ROWLAND Elliot Tuji Taekwondo	GBR	5.52	3.29	2.23
7	367	JONES Brodie Storm Taekwondo	GBR	5.50	3.35	2.15
8	340	SIMPSON Mitchell Premierki Taekwondo Club	GBR	5.30	3.32	1.98
9	26	BAHRAMI Roman London Taekwondo Academy	ENG	5.17	3.23	1.94
10	276	PIETRAS Daniyal Pejic Taekwondo	GBR	5.15	3.22	1.94
11	326	HILL Edward Premierki Taekwondo Club	GBR	5.09	3.17	1.92
12	405	TAYLOR George Unite Martial Arts Academy	GBR	4.93	3.20	1.73
13	335	RAJMANE Ayush Premierki Taekwondo Club	GBR	4.86	3.17	1.69
14	54	QOREISHI Ahmad London Taekwondo Academy	ENG	4.80	3.09	1.72
15	132	CHAMBERS Joey Boston	GBR	4.74	3.12	1.62
16	416	SHERCHAN Prasoon Way Taekwondo	GBR	4.72	3.02	1.70

# **Poomsae individual**

## **British National Poomsae Championships 2023 KUP Grades**

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K1 (2-1 K)**  
 Competitors **16**  
 Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	246	KWON Augustine Nomad Taekwondo	GBR	6.33	3.77	2.57
2	356	ZUIN Davide Redtaekwondo	GBR	6.15	3.57	2.58
3	97	GHAFORI Faisal Ali's Dojang	GBR	6.04	3.49	2.55
4	371	HUNTER Max Tuji Taekwondo	GBR	5.87	3.47	2.40
5	80	CURTIS Jack Unite Formby	ENG	5.81	3.39	2.42
6	378	ROWLAND Elliot Tuji Taekwondo	GBR	5.68	3.32	2.37
7	367	JONES Brodie Storm Taekwondo	GBR	5.57	3.24	2.33
8	340	SIMPSON Mitchell Premierki Taekwondo Club	GBR	5.24	3.22	2.02

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K1 (2-1 K)**  
 Competitors **12**  
 Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	14	CORKISH Fearne Kang Han Taekwondo	ENG	6.17	3.78	2.39
2	131	CHAMBERS Brooke Boston	GBR	6.02	3.57	2.45
3	129	ARMER Alice Aspire Taekwondo	GBR	5.79	3.50	2.29
4	388	OXSANA OLIMPIA COLE Arianna UK Martial Arts&Fitness Academy	GBR	5.66	3.42	2.24
5	261	MORLING Charlotte NTC	GBR	5.65	3.42	2.24
6	10	AJAYI Abigail Kang Han Taekwondo	ENG	5.62	3.50	2.12
7	332	PORTER Hanah Premierki Taekwondo Club	GBR	5.62	3.40	2.22
8	446	KROGER Iris Peak Performance	GBR	5.58	3.37	2.22
9	87	MACLAREN Niamh Central Taekwondo Academy	SCO	5.49	3.30	2.19
10	50	PETCU Karla Nicole London Taekwondo Academy	ENG	5.40	3.40	2.00
11	387	OLLIVIERRE Jasaiya UK Martial Arts&Fitness Academy	GBR	5.29	3.30	1.99
12	409	BECKETT Isabella Warrior Taekwondo	GBR	5.29	3.29	2.00

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K1 (2-1 K)**  
Competitors **12**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	14	CORKISH Fearne Kang Han Taekwondo	ENG	6.36	3.77	2.59
2	129	ARMER Alice Aspire Taekwondo	GBR	6.30	3.67	2.63
3	131	CHAMBERS Brooke Boston	GBR	6.02	3.57	2.45
4	388	OXSANA OLIMPIA COLE Arianna UK Martial Arts&Fitness Academy	GBR	5.94	3.47	2.47
5	332	PORTER Hanah Premierki Taekwondo Club	GBR	5.67	3.45	2.22
6	446	KROGER Iris Peak Performance	GBR	5.59	3.39	2.20
7	261	MORLING Charlotte NTC	GBR	5.54	3.42	2.12
8	10	AJAYI Abigail Kang Han Taekwondo	ENG	5.50	3.44	2.07

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K2 (6 -3 K)**  
 Competitors **19**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	89	NAZEERKHAN Uraifaan Central Taekwondo Academy	SCO	6.35	3.79	2.57
2	192	MORANA O TOOLE Flynn GAJOK Taekwondo Academy	GBR	6.30	3.72	2.59
3	273	LIGHTFOOT Rex Pejjic Taekwondo	GBR	6.22	3.65	2.57
4	99	MOHAMADI SHAMS ABADI Sam Ali's Dojang	GBR	6.19	3.62	2.57
5	25	ASTEFANESEI Alexandru London Taekwondo Academy	ENG	6.14	3.57	2.57
6	118	PUGH Jake Aquila Taekwondo	GBR	6.12	3.70	2.42
7	253	HAYES William NTC	GBR	5.97	3.62	2.35
8	251	NKANSAH Keon Nomad Taekwondo	GBR	5.90	3.52	2.39
9	173	SOBANY Ibrahim Evolve Taekwondo	GBR	5.87	3.50	2.37
10	287	GOODALL Isaac Phoenix Taekwondo	GBR	5.75	3.44	2.32
11	115	NARENDRA Pranav Aquila Taekwondo	GBR	5.62	3.37	2.25
12	392	TRIVEDI Anish UK Martial Arts&Fitness Academy	GBR	5.56	3.33	2.23
13	66	SINGH Arman London Taekwondo Academy	ENG	5.55	3.30	2.25
14	307	STOPPS Alex Phoenix Taekwondo	GBR	5.54	3.37	2.17
15	226	GILLESPIE Santiago Loughton Taekwondo	GBR	5.50	3.37	2.14
16	234	MIDDLETON Charles Loughton Taekwondo	GBR	5.27	3.27	2.00

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K2 (6 -3 K)**  
Competitors **19**  
Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	417	BELL Charlie Win Taekwondo Academy	GBR	5.13	3.05	2.08
18	308	TURNER Alex Phoenix Taekwondo	GBR	4.79	3.00	1.79
19	220	CHEN Ming-Sheng Loughton Taekwondo	GBR	4.66	2.94	1.72

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K2 (6 -3 K)**  
 Competitors **19**  
 Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	89	NAZEERKHAN Uraifaan Central Taekwondo Academy	SCO	6.40	3.87	2.54
2	118	PUGH Jake Aquila Taekwondo	GBR	6.37	3.79	2.59
3	192	MORANA O TOOLE Flynn GAJOK Taekwondo Academy	GBR	6.30	3.75	2.55
4	253	HAYES William NTC	GBR	6.12	3.60	2.52
5	251	NKANSAH Keon Nomad Taekwondo	GBR	6.07	3.60	2.47
6	273	LIGHTFOOT Rex Pejic Taekwondo	GBR	6.05	3.62	2.43
7	25	ASTEFANESEI Alexandru London Taekwondo Academy	ENG	6.02	3.60	2.42
8	99	MOHAMADI SHAMS ABADI Sam Ali's Dojang	GBR	5.75	3.44	2.32



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
 Competitors **36**  
 Class **K2 (6 -3 K)**

**1**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	203	NAYLOR Eliza Jinhaeng Taekwondo	GBR	6.67	3.97	2.70
2	88	NAZEERKHAN Khawlah Central Taekwondo Academy	SCO	6.67	3.94	2.74
3	4	ALTUN Sultan Bozdag Taekwondo	ENG	6.64	3.97	2.67
4	170	MANNAN Sarina Evolve Taekwondo	GBR	6.58	3.90	2.68
5	23	STEFANIAK Alexandra Kang Han Taekwondo	ENG	6.49	3.94	2.55
6	91	SELLWOOD Lucy Central Taekwondo Academy	SCO	6.47	3.79	2.69
7	166	EL ASWER Sara Empsi	GBR	6.31	3.83	2.48
8	38	DHAP Kritika London Taekwondo Academy	ENG	6.27	3.69	2.58
9	294	MILLARD Thea Phoenix Taekwondo	GBR	6.25	3.72	2.53
10	157	JAEGER-COLLINS Savannah Dorset TKD	GBR	6.23	3.72	2.52
11	254	KAUR Suria NTC	GBR	6.19	3.65	2.54
12	150	HOOPER Inara Dorset TKD	GBR	6.10	3.67	2.43
13	275	MCGARRY Zia Pejjic Taekwondo	GBR	6.07	3.55	2.52
14	194	SNAPE Isla GAJOK Taekwondo Academy	GBR	6.04	3.67	2.37
15	260	MALIK Safa NTC	GBR	6.00	3.55	2.45
16	163	SEYMOUR Jessica Dorset TKD	GBR	5.97	3.62	2.35

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
 Competitors **36**  
 Class **K2 (6 -3 K)**

**1**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	245	BELALIA Shems Nomad Taekwondo	GBR	5.92	3.62	2.30
18	209	DAVIS Matilda KTA GBR	GBR	5.92	3.55	2.37
19	393	TRIVEDI Anya UK Martial Arts&Fitness Academy	GBR	5.90	3.55	2.35
20	269	BAILEY Jessica Pejjic Taekwondo	GBR	5.90	3.47	2.43
21	252	CUMMINS Fatima NTC	GBR	5.83	3.45	2.38
22	136	KUDRIAVCEVA Kira Boston	GBR	5.65	3.32	2.33
23	316	BALENDRAN Sarah Premierki Taekwondo Club	GBR	5.62	3.30	2.32
24	42	KHELWATTY Hadia London Taekwondo Academy	ENG	5.59	3.39	2.20
25	32	BOLANOS Arianna Isabella London Taekwondo Academy	ENG	5.52	3.35	2.17
26	19	MACHIN Lucy Kang Han Taekwondo	ENG	5.51	3.37	2.14
27	292	MEDINA-MARTIN Lucia Phoenix Taekwondo	GBR	5.35	3.22	2.13
28	398	NG Lucy Unite Martial Arts Academy	GBR	5.35	3.15	2.20
29	322	DIN Sophia Premierki Taekwondo Club	GBR	5.32	3.25	2.07
30	364	LIM Allyson Stoke UTA Taekwondo	GBR	5.27	3.14	2.13
31	327	KHURRUM Aimal Premierki Taekwondo Club	GBR	5.20	3.12	2.09
32	402	SKIRENKO Emily Unite Martial Arts Academy	GBR	5.13	3.18	1.95

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
Competitors **36**  
Class **K2 (6 -3 K)**

**1**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
33	211	DUFFY Sasha KTA GBR	GBR	5.13	3.13	2.00
34	283	BROWN Charolette Phoenix Taekwondo	GBR	5.11	3.12	1.99
35	329	LALDIN Nurya Premierki Taekwondo Club	GBR	4.78	2.95	1.83
36	141	DAVIES Olivia Choson - Taekwondo Cymru	WAL	4.67	2.90	1.77

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
 Competitors **36**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	4	ALTUN Sultan Bozdag Taekwondo	ENG	6.64	3.85	2.79
2	170	MANNAN Sarina Evolve Taekwondo	GBR	6.57	3.85	2.72
3	88	NAZEERKHAN Khawlah Central Taekwondo Academy	SCO	6.55	3.82	2.74
4	38	DHAP Kritika London Taekwondo Academy	ENG	6.50	3.75	2.75
5	91	SELLWOOD Lucy Central Taekwondo Academy	SCO	6.46	3.77	2.69
6	166	EL ASWER Sara Empsi	GBR	6.44	3.79	2.65
7	23	STEFANIAK Alexandra Kang Han Taekwondo	ENG	6.42	3.72	2.70
8	203	NAYLOR Eliza Jinhaeng Taekwondo	GBR	6.32	3.62	2.70
9	294	MILLARD Thea Phoenix Taekwondo	GBR	6.30	3.60	2.70
10	157	JAEGER-COLLINS Savannah Dorset TKD	GBR	6.17	3.54	2.64
11	194	SNAPE Isla GAJOK Taekwondo Academy	GBR	6.17	3.50	2.67
12	245	BELALIA Shems Nomad Taekwondo	GBR	6.07	3.47	2.60
13	150	HOOPER Inara Dorset TKD	GBR	6.05	3.45	2.60
14	260	MALIK Safa NTC	GBR	6.00	3.42	2.58
15	254	KAUR Suria NTC	GBR	5.88	3.40	2.48
16	163	SEYMOUR Jessica Dorset TKD	GBR	5.85	3.35	2.50

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
Competitors **36**  
Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	209	DAVIS Matilda KTA GBR	GBR	5.80	3.35	2.45
18	275	MCGARRY Zia Pejic Taekwondo	GBR	5.79	3.29	2.50

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K2 (6 -3 K)**  
 Competitors **36**  
 Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	4	ALTUN Sultan Bozdag Taekwondo	ENG	6.67	3.90	2.77
2	170	MANNAN Sarina Evolve Taekwondo	GBR	6.62	3.93	2.69
3	88	NAZEERKHAN Khawlah Central Taekwondo Academy	SCO	6.50	3.84	2.67
4	38	DHAP Kritika London Taekwondo Academy	ENG	6.50	3.83	2.67
5	91	SELLWOOD Lucy Central Taekwondo Academy	SCO	6.47	3.82	2.65
6	23	STEFANIAK Alexandra Kang Han Taekwondo	ENG	6.40	3.77	2.63
7	203	NAYLOR Eliza Jinhaeng Taekwondo	GBR	6.32	3.67	2.65
8	166	EL ASWER Sara Empsi	GBR	6.21	3.69	2.52

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K3 (10-7 K)**  
 Competitors **10**  
 Class **K3 (10-7 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	304	SANDIFORD Dylan Phoenix Taekwondo	GBR	6.14	3.67	2.47
2	428	MARCHINGTON Trystan Win Taekwondo Academy	GBR	5.94	3.59	2.35
3	41	HUNG Chi Hang Alex London Taekwondo Academy	ENG	5.81	3.47	2.34
4	373	LIN Oscar Tuji Taekwondo	GBR	5.77	3.43	2.34
5	333	PUIDOKAS Denis Premierki Taekwondo Club	GBR	5.73	3.45	2.28
6	349	OFFERGAARD Alexander Putney Taekwondo Club	GBR	5.64	3.42	2.22
7	8	PILAGUANO Jaydon Bozdag Taekwondo	ENG	5.37	3.30	2.07
8	77	ZUIL Malik London Taekwondo Academy	ENG	5.12	3.14	1.98
9	338	SCANLON Benjamin Premierki Taekwondo Club	GBR	5.04	3.27	1.77
10	352	THANG Valentine Putney Taekwondo Club	GBR	4.89	3.15	1.74

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Male-K3 (10-7 K)**  
Competitors **10**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	304	SANDIFORD Dylan Phoenix Taekwondo	GBR	6.05	3.64	2.42
2	428	MARCHINGTON Trystan Win Taekwondo Academy	GBR	5.95	3.62	2.34
3	41	HUNG Chi Hang Alex London Taekwondo Academy	ENG	5.81	3.53	2.28
4	373	LIN Oscar Tuji Taekwondo	GBR	5.79	3.49	2.30
5	349	OFFERGAARD Alexander Putney Taekwondo Club	GBR	5.65	3.49	2.17
6	333	PUIDOKAS Denis Premierki Taekwondo Club	GBR	5.54	3.37	2.17
7	8	PILAGUANO Jaydon Bozdag Taekwondo	ENG	5.49	3.34	2.15
8	77	ZUIL Malik London Taekwondo Academy	ENG	5.12	3.17	1.95



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U11 Peewee Female-K3 (10-7 K)**  
Competitors **5**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	213	ZARIFI Saharnaz KTA GBR	GBR	6.10	3.63	2.47
2	13	BULL Gracie Kang Han Taekwondo	ENG	5.88	3.53	2.35
3	204	NWIKINA Kale Jinhaeng Taekwondo	GBR	5.87	3.57	2.30
4	208	MORRISON Jessica Ki Taekwondo	GBR	5.86	3.49	2.37
5	365	PEPPER Emilie Stoke UTA Taekwondo	GBR	5.52	3.42	2.10

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Male-K1 (2-1 K)**  
 Competitors **13**  
 Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	90	SELLWOOD Peter Central Taekwondo Academy	SCO	6.69	3.97	2.72
2	137	MOORE Harry Boston	GBR	6.09	3.65	2.44
3	15	CORKISH Jude Kang Han Taekwondo	ENG	6.07	3.67	2.40
4	199	MEACHAM Seno JEM Taekwondo	GBR	5.99	3.67	2.32
5	30	BAIS Kyoomars London Taekwondo Academy	ENG	5.97	3.64	2.34
6	94	GHAFORI Ibrahim Ali's Dojang	GBR	5.93	3.52	2.42
7	368	CRIDFORD Samuel Tuji Taekwondo	GBR	5.62	3.45	2.17
8	280	ARNOULT Nathaniel Phoenix Taekwondo	GBR	5.45	3.37	2.09
9	284	BUNTING Harry Phoenix Taekwondo	GBR	5.45	3.35	2.10
10	415	SHERCHAN Parishkrit Way Taekwondo	GBR	5.43	3.35	2.08
11	290	KEELING James Phoenix Taekwondo	GBR	5.35	3.35	2.00
12	321	COKER Lucas Premierki Taekwondo Club	GBR	4.85	3.02	1.83
13	394	DEWHURST Joseph Unite Martial Arts Academy	GBR	4.35	2.82	1.54

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Male-K1 (2-1 K)**  
Competitors **13**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	90	SELLWOOD Peter Central Taekwondo Academy	SCO	6.87	3.95	2.92
2	199	MEACHAM Seno JEM Taekwondo	GBR	6.39	3.79	2.60
3	15	CORKISH Jude Kang Han Taekwondo	ENG	6.05	3.64	2.42
4	30	BAIS Kyoomars London Taekwondo Academy	ENG	5.87	3.57	2.30
5	137	MOORE Harry Boston	GBR	5.80	3.55	2.25
6	94	GHAFORI Ibrahim Ali's Dojang	GBR	5.55	3.32	2.24
7	368	CRIDFORD Samuel Tuji Taekwondo	GBR	5.11	3.12	1.99
8	280	ARNOULT Nathaniel Phoenix Taekwondo	GBR	5.02	3.05	1.97

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K1 (2-1 K)**  
 Competitors **22**  
 Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	156	JAEGER-COLLINS Lucia Dorset TKD	GBR	6.25	3.64	2.62
2	389	SEJDIAJ Elona UK Martial Arts&Fitness Academy	GBR	6.05	3.60	2.45
3	102	BRYAN Jessica Aquila Taekwondo	GBR	6.02	3.57	2.45
4	432	MILLER Enea Yamang Taekwondo	GBR	5.97	3.55	2.42
5	434	FUNG Hoi Ying Lisburn Taekwondo Club	NIR	5.80	3.50	2.30
6	40	HIBBERD Danica Martina London Taekwondo Academy	ENG	5.77	3.43	2.34
7	267	BAILEY Ruby Pejic Taekwondo	GBR	5.67	3.25	2.42
8	62	SAMADI Haddiyah London Taekwondo Academy	ENG	5.58	3.38	2.20
9	11	AJAYI Amanda Kang Han Taekwondo	ENG	5.37	3.27	2.10
10	386	NUGARAS Olivia UK Martial Arts&Fitness Academy	GBR	5.37	3.22	2.15
11	391	TRIVEDI Annika UK Martial Arts&Fitness Academy	GBR	5.33	3.20	2.13
12	146	MIFSUD Sara Mair Choson - Taekwondo Cymru	WAL	5.15	3.12	2.04
13	134	JADELO Emilija Boston	GBR	5.09	3.09	2.00
14	285	FILIP Samantha Phoenix Taekwondo	GBR	4.98	3.05	1.93
15	291	LAKE Amelia Phoenix Taekwondo	GBR	4.84	2.94	1.90
16	445	KROGER Heather Peak Performance	GBR	4.82	2.95	1.87

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K1 (2-1 K)**  
Competitors **22**  
Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	339	SHAH Maia Premierki Taekwondo Club	GBR	4.79	2.95	1.84
18	180	FAIRCLOTH Madison Fighting Fit Taekwondo Wales	GBR	4.77	2.99	1.78
19	309	TURNER Annabel Phoenix Taekwondo	GBR	4.67	2.92	1.75
20	133	CHAMBERS Kaitlin Boston	GBR	4.62	2.88	1.74
21	325	FITZGERALD Francesca Premierki Taekwondo Club	GBR	4.59	2.85	1.74
22	319	CHRISTER Myleene Premierki Taekwondo Club	GBR	4.01	2.63	1.38

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K1 (2-1 K)**  
 Competitors **22**  
 Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	156	JAEGER-COLLINS Lucia Dorset TKD	GBR	6.33	3.77	2.57
2	432	MILLER Enea Yamang Taekwondo	GBR	6.27	3.67	2.60
3	102	BRYAN Jessica Aquila Taekwondo	GBR	6.22	3.74	2.49
4	434	FUNG Hoi Ying Lisburn Taekwondo Club	NIR	6.17	3.64	2.54
5	389	SEJDIAJ Elona UK Martial Arts&Fitness Academy	GBR	5.97	3.55	2.42
6	267	BAILEY Ruby Pejic Taekwondo	GBR	5.85	3.40	2.45
7	40	HIBBERD Danica Martina London Taekwondo Academy	ENG	5.82	3.45	2.37
8	62	SAMADI Haddiyah London Taekwondo Academy	ENG	5.38	3.28	2.10

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Male-K2 (6 -3 K)**  
 Competitors **11**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	3	WONG Ho Yin Bluewave Korean Martial Arts	ENG	6.12	3.64	2.49
2	135	KIRKHAM Zak Boston	GBR	5.82	3.44	2.39
3	69	WARDAK Nabeel London Taekwondo Academy	ENG	5.82	3.40	2.42
4	219	CHEAL Harry Loughton Taekwondo	GBR	5.69	3.37	2.32
5	274	MCGARRY Ethan Pejic Taekwondo	GBR	5.67	3.30	2.37
6	179	EDMUNDS Mason Fighting Fit Taekwondo Wales	GBR	5.61	3.28	2.33
7	242	SPONG Archie Loughton Taekwondo	GBR	5.37	3.27	2.10
8	413	KUSUK HANG Palungwa Way Taekwondo	GBR	5.32	3.17	2.15
9	202	LEE Harry Jinhaeng Taekwondo	GBR	5.11	3.04	2.07
10	130	WARD Aiden Blade Taekwondo GBR	GBR	4.55	2.90	1.65

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Male-K2 (6 -3 K)**  
Competitors **11**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	3	WONG Ho Yin Bluewave Korean Martial Arts	ENG	6.27	3.74	2.53
2	135	KIRKHAM Zak Boston	GBR	5.68	3.35	2.33
3	413	KUSUK HANG Palungwa Way Taekwondo	GBR	5.55	3.29	2.27
4	274	MCGARRY Ethan Pejjic Taekwondo	GBR	5.55	3.12	2.43
5	69	WARDAK Nabeel London Taekwondo Academy	ENG	5.48	3.25	2.23
6	179	EDMUNDS Mason Fighting Fit Taekwondo Wales	GBR	5.39	3.25	2.14
7	219	CHEAL Harry Loughton Taekwondo	GBR	5.28	3.22	2.07
8	242	SPONG Archie Loughton Taekwondo	GBR	5.02	3.15	1.87



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K2 (6 -3 K)**  
 Competitors **17**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	250	NG SING KWONG Kimberley Nomad Taekwondo	GBR	6.25	3.67	2.59
2	106	FIKUART Lois Aquila Taekwondo	GBR	6.15	3.62	2.54
3	255	KAUR Maya NTC	GBR	5.92	3.49	2.44
4	330	LAU Natalie Premierki Taekwondo Club	GBR	5.90	3.52	2.38
5	182	HALE Neve Fighting Fit Taekwondo Wales	GBR	5.90	3.47	2.43
6	190	MCGEOCH Charlotte GAJOK Taekwondo Academy	GBR	5.88	3.52	2.37
7	403	SOBIECKA Blancka Unite Martial Arts Academy	GBR	5.84	3.49	2.35
8	265	WALKER-BROWN Poppy NTC	GBR	5.70	3.45	2.25
9	331	NEGUS Lilly-Ann Premierki Taekwondo Club	GBR	5.64	3.40	2.24
10	268	BAILEY Megan Pejic Taekwondo	GBR	5.62	3.37	2.25
11	206	TRAORE Aichata Jinhaeng Taekwondo	GBR	5.52	3.35	2.17
12	181	FLANAGAN Maisie Fighting Fit Taekwondo Wales	GBR	5.50	3.35	2.15
13	295	MOTTERSHEAD Rachael Phoenix Taekwondo	GBR	5.20	3.20	2.00
14	230	GLEESON Jessica Loughton Taekwondo	GBR	5.04	3.10	1.94
15	359	ADAMS Annabella Stoke UTA Taekwondo	GBR	4.86	2.97	1.89
16	324	EVES Sophie Premierki Taekwondo Club	GBR	4.75	2.94	1.82

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K2 (6 -3 K)**  
Competitors **17**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
17	361	DEGG Lucy Stoke UTA Taekwondo	GBR	4.74	2.99	1.75

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K2 (6 -3 K)**  
Competitors **17**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	250	NG SING KWONG Kimberley Nomad Taekwondo	GBR	6.15	3.63	2.52
2	106	FIKUART Lois Aquila Taekwondo	GBR	6.00	3.55	2.45
3	182	HALE Neve Fighting Fit Taekwondo Wales	GBR	5.83	3.47	2.37
4	403	SOBIECKA Blancka Unite Martial Arts Academy	GBR	5.80	3.45	2.35
5	255	KAUR Maya NTC	GBR	5.76	3.39	2.37
6	190	MCGEOCH Charlotte GAJOK Taekwondo Academy	GBR	5.68	3.40	2.28
7	265	WALKER-BROWN Poppy NTC	GBR	5.65	3.37	2.29
8	330	LAU Natalie Premierki Taekwondo Club	GBR	5.27	3.17	2.10

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Male-K3 (10-7 K)**  
Competitors **6**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	218	CHAN Lok-Chun Loughton Taekwondo	GBR	6.92	4.02	2.90
2	68	TELLAIE Sepehr London Taekwondo Academy	ENG	6.17	3.60	2.57
3	67	TELLAIE Arya London Taekwondo Academy	ENG	5.84	3.49	2.35
4	374	LIN Jiacheng Tuji Taekwondo	GBR	5.75	3.40	2.35
5	355	VON SEIDEL Alexander Putney Taekwondo Club	GBR	5.70	3.40	2.30
6	36	DAKIN Blaine London Taekwondo Academy	ENG	5.45	3.28	2.17

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U14 Cadet Female-K3 (10-7 K)**  
Competitors **5**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	155	ISAACS Amber Dorset TKD	GBR	6.13	3.55	2.58
2	343	BENIS Leonor Putney Taekwondo Club	GBR	6.08	3.57	2.52
3	124	TSANG Izabelle Aquila Taekwondo	GBR	5.72	3.33	2.39
4	344	BENZALET Malak Putney Taekwondo Club	GBR	5.68	3.28	2.40
5	47	LOVAS Savannah London Taekwondo Academy	ENG	5.57	3.19	2.39

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Male-K1 (2-1 K)**  
Competitors **5**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	82	DOWD Oliver Unite Formby	ENG	6.09	3.59	2.50
2	120	REBROV Mykhailo Aquila Taekwondo	GBR	5.87	3.44	2.44
3	317	BRENNAN William Premierki Taekwondo Club	GBR	5.62	3.32	2.30
4	244	ABDUL Zahid Nomad Taekwondo	GBR	5.58	3.35	2.23
5	93	COULL Luke FOCUS TKD	SCO	5.36	3.22	2.14

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Female-K1 (2-1 K)**  
 Competitors **16**  
 Class **K1 (2-1 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	189	CUNNINGHAM Tabitha GAJOK Taekwondo Academy	GBR	6.14	3.65	2.49
2	73	WARDAK Lema London Taekwondo Academy	ENG	6.04	3.60	2.44
3	193	MORANA O TOOLE Bella GAJOK Taekwondo Academy	GBR	5.91	3.54	2.37
4	37	DHALLIWAL Pavneet London Taekwondo Academy	ENG	5.78	3.50	2.28
5	195	MILNE Sophie Granite City Taekwondo	GBR	5.58	3.38	2.20
6	29	BAIS Hasti London Taekwondo Academy	ENG	5.57	3.40	2.17
7	9	AJAYI Anabel Kang Han Taekwondo	ENG	5.55	3.37	2.18
8	145	KIM Doe-Hyeon Choson - Taekwondo Cymru	WAL	5.53	3.33	2.20
9	75	ZORZY Kyra London Taekwondo Academy	ENG	5.49	3.37	2.12
10	205	ROGERS Brooke Jinhaeng Taekwondo	GBR	5.42	3.39	2.03
11	119	PURSEY Martha Aquila Taekwondo	GBR	5.42	3.22	2.20
12	176	BROWN Maia Fighting Fit Taekwondo Wales	GBR	5.32	3.27	2.05
13	286	GLADMAN China-Mei Phoenix Taekwondo	GBR	5.25	3.24	2.02
14	412	GARIMA Gurung Way Taekwondo	GBR	5.18	3.17	2.02
15	362	HALL Samantha Stoke UTA Taekwondo	GBR	4.97	3.10	1.87
16	39	HIBBERD Nicole London Taekwondo Academy	ENG	4.94	3.15	1.79

# **Poomsae individual**

## **British National Poomsae Championships 2023 KUP Grades**



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Female-K1 (2-1 K)**  
Competitors **16**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	189	CUNNINGHAM Tabitha GAJOK Taekwondo Academy	GBR	6.42	3.75	2.67
2	73	WARDAK Lema London Taekwondo Academy	ENG	6.20	3.60	2.60
3	193	MORANA O TOOLE Bella GAJOK Taekwondo Academy	GBR	5.85	3.45	2.40
4	29	BAIS Hasti London Taekwondo Academy	ENG	5.70	3.40	2.30
5	37	DHALLIWAL Pavneet London Taekwondo Academy	ENG	5.69	3.42	2.27
6	195	MILNE Sophie Granite City Taekwondo	GBR	5.45	3.30	2.15
7	145	KIM Doe-Hyeon Choson - Taekwondo Cymru	WAL	5.35	3.27	2.09
8	9	AJAYI Anabel Kang Han Taekwondo	ENG	4.90	3.07	1.84

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Male-K2 (6 -3 K)**  
Competitors **5**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	162	SADDINGTON Harry Dorset TKD	GBR	5.95	3.62	2.34
2	161	ROBSON Callum Dorset TKD	GBR	5.95	3.60	2.35
3	175	YASIN Ahmed Evolve Taekwondo	GBR	5.82	3.49	2.34
4	148	CRIBB Sam Dorset TKD	GBR	5.67	3.49	2.18
5	315	AULT Frankie Premierki Taekwondo Club	GBR	5.62	3.40	2.22

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Female-K2 (6 -3 K)**  
 Competitors **13**  
 Class **K2 (6 -3 K)**

**2**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	98	LAXMI KRISHNA Manasa Ali's Dojang	GBR	6.35	3.70	2.65
2	169	MANNAN Hannah Evolve Taekwondo	GBR	6.29	3.69	2.60
3	257	LUCERO Raphaella NTC	GBR	6.13	3.63	2.50
4	433	SHAHID Sara Yamang Taekwondo	GBR	6.07	3.62	2.45
5	243	STANTON Bunty Loughton Taekwondo	GBR	5.80	3.42	2.38
6	128	WHITE Tatyana Aquila Taekwondo	GBR	5.77	3.47	2.30
7	174	WONG Megan Evolve Taekwondo	GBR	5.75	3.45	2.30
8	354	VON SEIDEL Charlotte Putney Taekwondo Club	GBR	5.72	3.44	2.28
9	341	STEPHENSON Grace Premierki Taekwondo Club	GBR	5.61	3.39	2.22
10	210	DUFFY Tess KTA GBR	GBR	5.50	3.29	2.22
11	347	LYNG BEKKELUND Lykke Beatriz Putney Taekwondo Club	GBR	5.48	3.32	2.17
12	113	LEE Jacey Aquila Taekwondo	GBR	5.38	3.23	2.15
13	186	WALTERS Cari Fighting Fit Taekwondo Wales	GBR	4.84	3.05	1.79

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Female-K2 (6 -3 K)**  
 Competitors **13**  
 Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	98	LAXMI KRISHNA Manasa Ali's Dojang	GBR	6.60	3.80	2.80
2	169	MANNAN Hannah Evolve Taekwondo	GBR	6.40	3.72	2.68
3	257	LUCERO Raphaella NTC	GBR	6.14	3.67	2.47
4	433	SHAHID Sara Yamang Taekwondo	GBR	6.02	3.57	2.45
5	243	STANTON Bunty Loughton Taekwondo	GBR	6.02	3.54	2.49
6	174	WONG Megan Evolve Taekwondo	GBR	5.77	3.45	2.32
7	354	VON SEIDEL Charlotte Putney Taekwondo Club	GBR	5.49	3.40	2.09
8	128	WHITE Tatyana Aquila Taekwondo	GBR	5.48	3.38	2.10

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Male-K3 (10-7 K)**  
Competitors **2**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	353	THANG Kelvin Putney Taekwondo Club	GBR	<b>5.70</b>	<b>3.37</b>	<b>2.34</b>
2	360	BEDSON Jack Stoke UTA Taekwondo	GBR	<b>5.05</b>	<b>3.09</b>	<b>1.97</b>

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U17 Junior Female-K3 (10-7 K)**  
Competitors **4**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	358	GURUNG Aayusma Stkdd	GBR	6.53	3.72	2.82
2	328	KOTHARI Keya Premierki Taekwondo Club	GBR	5.85	3.43	2.42
3	366	XIANG Jindy Stoke UTA Taekwondo	GBR	5.32	3.17	2.15
4	430	NEWALL Elizabeth Win Taekwondo Academy	GBR	4.65	2.85	1.80

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U35 1st Senior Male-K1 (2-1 K)**  
Competitors **4**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	313	YANG Shilang Phoenix Taekwondo	GBR	6.15	3.67	2.49
2	107	FOLIC Alekander Jake Aquila Taekwondo	GBR	6.07	3.69	2.39
3	144	HOUSE David Choson - Taekwondo Cymru	WAL	5.47	3.47	2.00

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U35 1st Senior Female-K1 (2-1 K)**  
Competitors **5**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	20	MCDONALD Sarah Kang Han Taekwondo	ENG	5.88	3.63	2.25
2	214	LOUISE WOODMAN Heather Leon Taekwondo Academy	GBR	5.75	3.52	2.24
3	282	BARKER Rhi Phoenix Taekwondo	GBR	5.50	3.37	2.14
4	177	CARLTON Kirsty Fighting Fit Taekwondo Wales	GBR	5.50	3.35	2.15
5	395	FENTON Leonie Unite Martial Arts Academy	GBR	5.47	3.39	2.09



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U35 1st Senior Male-K2 (6 -3 K)**  
Competitors **3**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	7	NASIS Duane Bozdag Taekwondo	ENG	6.08	3.65	2.43
2	95	HEYDARI Arvin Ali's Dojang	GBR	5.74	3.55	2.19
3	49	NG Hin Tung Isaac London Taekwondo Academy	ENG	5.50	3.45	2.05

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U35 1st Senior Female-K2 (6 -3 K)**  
Competitors **5**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	100	SU Emily AP TAEKWONDO ACADEMY	GBR	5.91	3.48	2.43
2	435	ROONEY Sian Lisburn Taekwondo Club	NIR	5.79	3.42	2.37
3	110	IMMANUEL Huldah Aquila Taekwondo	GBR	5.67	3.42	2.25
4	5	CHEN Sara Bozdag Taekwondo	ENG	5.47	3.24	2.24

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind U35 1st Senior Female-K3 (10-7 K)**  
Competitors **5**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	215	ALNUSAIRI Sundus LLTKD	GBR	6.27	3.59	2.69
2	114	MATRANGA Vicki Aquila Taekwondo	GBR	5.81	3.39	2.42
3	125	WANG Kelly Aquila Taekwondo	GBR	5.60	3.20	2.40
4	112	KUCHTA Anastasia Aquila Taekwondo	GBR	5.35	3.10	2.25
5	165	AHMED Zoya Empsi	GBR	5.27	3.05	2.22

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Male-K1 (2-1 K)**  
Competitors **4**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	397	NG Raye Unite Martial Arts Academy	GBR	5.89	3.54	2.35
2	122	TELESFORD Chris Aquila Taekwondo	GBR	5.40	3.34	2.07
3	404	TAYLOR Anthony Unite Martial Arts Academy	GBR	4.92	3.07	1.85
4	151	HOOPER Sean Dorset TKD	GBR	4.60	2.95	1.65

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Female-K1 (2-1 K)**  
Competitors **6**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	377	ROWLAND Benedicte Tuji Taekwondo	GBR	6.02	3.50	2.52
2	147	CHUN Min Hi Creative Ways TKD	GBR	5.87	3.42	2.45
3	116	NEUHAUS Henrike Aquila Taekwondo	GBR	5.69	3.30	2.39
4	117	PICOU Anouchka Aquila Taekwondo	GBR	5.65	3.25	2.40
5	172	MO Amy Evolve Taekwondo	GBR	5.47	3.30	2.17

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Male-K2 (6 -3 K)**  
Competitors **6**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	138	SHAW John Boston	GBR	6.12	3.64	2.49
2	70	WARDAK Mohammed Ehsanullah London Taekwondo Academy	ENG	6.09	3.54	2.55
3	380	STONE Thomas Tuji Taekwondo	GBR	5.87	3.45	2.42
4	370	GROOMBRIDGE Darren Tuji Taekwondo	GBR	5.81	3.44	2.37
5	296	NAZAR Lukasz Phoenix Taekwondo	GBR	5.80	3.45	2.35
6	187	CAIG David GAJOK Taekwondo Academy	GBR	5.65	3.47	2.19

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Female-K2 (6 -3 K)**  
Competitors **9**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	222	COLBY-MAJOR Helen Loughton Taekwondo	GBR	6.82	4.09	2.73
2	149	DMOCHOWSKA Lydia Dorset TKD	GBR	6.32	3.70	2.62
3	63	SHAHZAD Shafaq London Taekwondo Academy	ENG	6.27	3.70	2.57
4	96	ALLOU Soraya Ali's Dojang	GBR	6.19	3.67	2.52
5	345	CLARKE Sheila Putney Taekwondo Club	GBR	6.05	3.67	2.39
6	223	DEL OLMO Julia Loughton Taekwondo	GBR	6.01	3.62	2.39
7	92	WALLACE Laura Central Taekwondo Academy	SCO	5.74	3.42	2.32
8	396	LEIVERS Christine Unite Martial Arts Academy	GBR	5.45	3.35	2.10
9	401	NICHOLLS Emma Unite Martial Arts Academy	GBR	4.94	3.10	1.84

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Male-K3 (10-7 K)**  
Competitors **4**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	419	BUTLER James Win Taekwondo Academy	GBR	6.00	3.50	2.50
2	235	MIDDLETON Timothy Loughton Taekwondo	GBR	5.65	3.28	2.37
3	123	TSANG Kenny Aquila Taekwondo	GBR	5.50	3.28	2.22
4	81	CURTIS Alan Unite Formby	ENG	5.05	3.17	1.89



# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O36 2nd Senior Female-K3 (10-7 K)**  
Competitors **4**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	431	KIM Jihee Yamang Taekwondo	GBR	6.51	3.79	2.72
2	105	ENNIS Sinead Aquila Taekwondo	GBR	6.16	3.59	2.57
3	111	JEKATERINICEVA Juljia Aquila Taekwondo	GBR	5.94	3.45	2.49
4	337	SCANLON Katrin Premierki Taekwondo Club	GBR	5.43	3.20	2.23

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O51 3rd Senior Female-K1 (2-1 K)**  
Competitors **3**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	140	DAVIES Amy Choson - Taekwondo Cymru	WAL	5.22	3.37	1.85
2	198	WATT Gail Horizon Taekwondo Academy	GBR	4.33	3.03	1.30

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O51 3rd Senior Male-K2 (6 -3 K)**  
Competitors **1**  
Class **K2 (6 -3 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	2	FLANDERS Dave Bluewave Korean Martial Arts	ENG	5.18	3.38	1.80

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O51 3rd Senior Female-K3 (10-7 K)**  
Competitors **1**  
Class **K3 (10-7 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	372	KANG Mia Tuji Taekwondo	GBR	5.82	3.44	2.38

# Poomsae individual

## British National Poomsae Championships 2023 KUP Grades

Category **Ind O51 3rd Senior Male-K1 (2-1 K)**  
Competitors **1**  
Class **K1 (2-1 K)**

**3**

Pos.	Id	Surname Team	Country	Average	Pres.	Acc.
1	410	BAKER Nigel Waterside Taekwondo Club	GBR	5.04	3.25	1.79